

Laysha Ostrow, PhD, MPP

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Education

Johns Hopkins Bloomberg School of Public Health, Baltimore, MD
Doctor of Philosophy (PhD), Mental Health 2014
Dissertation: *Mental Health Peer-Run Organizations Nationwide: Characteristics and Attitudes toward the Affordable Care Act*

Brandeis University Heller School for Social Policy and Management, Waltham, MA
Master of Public Policy, Behavioral Health 2010
Capstone: *A Case Study of the Peer-Run Crisis Respite Organizing Process in Massachusetts*

Lesley University, Cambridge, MA
Bachelor of Science, Psychology 2006
Thesis: *The 'I' in Crazies: Self-Perception and the Subjective Experience of People with Mental Illness*

Research Experience

National Institute of Mental Health Postdoctoral Fellow 2014-
Johns Hopkins Bloomberg School of Public Health, Baltimore, MD

Visiting Postdoctoral Fellow 2014-
University of California San Francisco, San Francisco, CA

National Institute of Mental Health Pre-Doctoral Fellow 2010-2014
Johns Hopkins Bloomberg School of Public Health, Baltimore, MD

Policy Analyst 2008-2010
Human Services Research Institute, Cambridge, MA

Research Assistant 2007-2010
Human Services Research Institute, Cambridge, MA

Research Coordinator 2005-2006
Cambridge Health Alliance, Child & Adolescent Neuropsychiatric Research Program, Medford, MA

Research Assistant 2004-2005
Cambridge Health Alliance, Department of Psychiatry, Family Pathways Project, Somerville, MA

Research Assistant 2004-2005
Boston Public Schools, Countdown to Kindergarten, Boston, MA

Consulting Experience

Foundation for Excellence in Mental Health Care, Portland, OR 2014-
University of California San Diego, Los Angeles, CA 2013
Community Access, New York, NY 2013
Santa Cruz County Mental Health & Substance Abuse Services, Santa Cruz, CA 2013
Mental Health Empowerment Project, Albany, NY 2013

Nathan Kline Institute, Orangeburg, NY	2012
Human Services Research Institute, Cambridge, MA	2010-2012
On Our Own of Maryland, Baltimore, MD	2010-2012
National Empowerment Center, Lawrence, MA	2010-

Teaching Experience

Guest Lecturer Clinical Psychology, University of San Francisco	Fall 2014
Guest Lecturer Brain and Behavior, Johns Hopkins Bloomberg School of Public Health	Spring 2014
Teaching Assistant and Guest Lecturer Seminar in Methods in Public Mental Health, Johns Hopkins Bloomberg School of Public Health	Fall 2013
Teaching Assistant and Guest Lecturer Introduction to Mental Health Services, Johns Hopkins Bloomberg School of Public Health	Spring 2013

Professional Affiliations

American Public Health Association, Mental Health section and Disabilities section	2012-
ACMHA: The College for Behavioral Health Leadership	2009-

Peer-Reviewed Publications

- Ostrow, L.,** Steinwachs, D., Leaf, P.J., Naeger, S. (in review). Medicaid reimbursement of mental health peer-run organizations: Results of a national survey. *Administration and Policy in Mental Health*.
- Ostrow, L. & Croft, B.** (in press). Peer Respite: A Research and Practice Agenda. *Psychiatric Services*.
- Ostrow, L. & Hayes, S.** (2015). Non-profit development and leadership by people with lived experience: Characteristics of mental health peer-run organizations nationwide. *Psychiatric Services*, 66(2).
- Ostrow, L., Manderscheid, R., & Mojtabai, R.** (2014). Stigma and difficulty accessing medical care in a sample of adults with serious mental illness. *Journal of Health Care for the Poor and Underserved*, 25(4), 1956-1965.
- Ostrow, L. & Leaf, P.J.** (2014). Improving capacity to monitor and support sustainability of mental health peer-run organizations. *Psychiatric Services*, 65(2), 239-241.
- Ostrow, L. & Adams, N.** (2012). Recovery in the USA: From Politics to Peer Support. *International Review of Psychiatry*, 24(1), 70-78.
- Ostrow, L. & Manderscheid, R.** (2010). Medicare Mental Health Parity: A High Potential Change that is Long Overdue. *Journal of Behavioral Health Services & Research*, 37(3), 285-290.
- Ostrow, L. & Manderscheid, R.** (2009). Medicare and Mental Health Parity. *Health Affairs*, 28(3), 922.

Book Chapters and Other Publications

- Ostrow, L.** & Croft, B. (2014) *Toolkit for Evaluating Peer Respite*. Lawrence, MA: National Empowerment Center. URL: <https://www.power2u.org/downloads/Peer-Respite-Toolkit.pdf>
- Ostrow, L.** (2013) Civil rights, dangerousness, and mental illness: Beyond the 2nd Amendment. *American Public Health Association Student Assembly News & Views, Spring 2013 Edition*. URL: <http://www.apha.org/NR/rdonlyres/E586B4E4-40C1-4966-9824-11DA29E0FEFE/0/SpringEdition2013.pdf>
- Leaf, P.J, **Ostrow, L.**, Manderscheid, R., Shern, D. & Eaton, W.W. (2012). *Progress made but much more to be done*. In W.W. Eaton (Ed.) *Public Mental Health*. New York: Oxford University Press.
- Leff, H.S., Hughes, D.R., Chow, C.M., Noyes, S., & **Ostrow, L.** (2010). A Mental Health Allocation and Planning Simulation Model: A Mental Health Planner's Perspective. In Y. Yih (Ed.) *Handbook of Healthcare Delivery Systems*. New York, NY: Taylor & Francis Group.
- Leff, H.S., Chow, C., Pepin, R., **Ostrow, L.**, Conley, J., Jameson, M., & Cichocki, B. (2007). "A New Hope": *The Evidence on Housing for Persons with Severe Mental Illness and Its Implications*. Cambridge, MA: Human Services Research Institute.

Invited Presentations and Panels

- Jacobs, Y., Myrick, K., **Ostrow, L.**, Vega, E. (2013, November). *Peer Respite Centers*. Roundtable Discussion at the Mental Health Services Oversight and Accountability Commission (MHSOAC), Sacramento, CA.
- Ostrow, L.** (2013, November). *Peer Respite Programs and Peer-Driven Crisis Supports for Mental Health: Programs and Findings in Innovative Support Services*. Featured presentation at Community Forum Presented by the Mental Health Association of San Francisco, San Francisco, CA.
- Dykens, E., Hyman, S., Insel, T., **Ostrow, L.**, & Volkow, N. (2013, October). *Pushing Back the Frontiers of Knowledge: Research into Mental Illness, Substance Use Disorders, and Intellectual and Developmental Disabilities*. Panel discussion at the Kennedy Forum, Boston, MA.
- Ostrow, L.** (2012, June). *Using Peers as the Path to Crisis Care*. Presentation at the On Our Own of Maryland 2012 Annual Conference, Rocky Gap, Maryland.
- Ostrow, L.** (2010, February). *Peer-Run and Delivered Mental Health Services*. Presentation at 2011 ISCTM National Mental Health Research-to-Policy Forum, Washington, DC.

Conference Presentations and Posters

- Harris, L., **Ostrow, L.**, Long, L., Daly, J., Hendry, P. (2015, May). Second Generation Collaborations: Curing the Ailment of Politics in Psychiatric Treatment. Panel at the 168th American Psychiatric Association Annual Meeting, Toronto, ON.
- Croft, B., Hughes, D., **Ostrow, L.**, Chambers, R., Blyler, C. (2014, November). *Peer-Led, Person-Centered, and Self-Directed Approaches in Behavioral Health: Recent Innovations and Relevance to Health Reform*. Panel presentation at the American Public Health Association 142nd Meeting and Exhibition, New Orleans, LA.

- Ostrow, L.**, Fisher, D., Frank, R., Davidow, S., Leaf, P. (2013, November). *Peer-Run Organizations and the Affordable Care Act: Research, Policy and Practice Perspectives*. Panel presentation at the American Public Health Association 141st Meeting and Exhibition, Boston, MA.
- Campbell, J., **Ostrow, L.**, Child, B., Dech, E. (2013, December). *Advocacy and Research Hand-in-Hand*. Workshop at the SAMHSA Alternatives 2013 Conference, Austin, TX.
- Ostrow, L.** (2012, October). *Bringing the Voice of Peer-Run Programs to the Policy Dialogue: Results of a National Survey*. Workshop at the SAMHSA Alternatives 2012 Conference, Portland, OR.
- Ostrow, L.** (2012, October). *Peer-Run Respite in the Continuum of Care*. Poster presented at the American Public Health Association 140th Meeting and Exhibition, San Francisco, CA.
- Blyler, C., Lupton, C., Leff, H.S., Chow, C., Gonzalez, G., Cichocki, B., Wieman, D., Camacho-Gonsalves, T., **Ostrow, L.** (2011, March). *Before We Disrupt, Have We Transformed?* Poster presented at the ACMHA Summit, New Orleans, LA.
- Leff, H.S., Wieman, D., **Ostrow, L.**, Chow, C., Cortes, D., Desrosiers, A., Hermann, R.C. (2010, March). *The Effects of Perceived Cultural Responsiveness and Technical Quality of Care on Perceived Overall Quality of Behavioral Healthcare*. Poster presented at the 2010 Harvard Psychiatry Research Day Poster Session, Boston, MA.

Government and Community Service

Mental Health Association San Francisco Member, Advisory Council	2013-
U.S. Senate Health, Education, Labor, and Pensions (HELP) Committee Invited Speaker, <i>Promoting College Access and Success for Students with Disabilities:</i> Reauthorization of the Higher Education Act	2014
National Institute of Mental Health Member, Alliance for Research Progress	2013-2014
On Our Own of Frederick Member, Advisory Council	2013-2014
National Coalition for Mental Health Recovery Chair, Research Committee	2013
Substance Abuse and Mental Health Services Administration Member, Wellness Research and Evaluation Subcommittee	2011-2013
Protection & Advocacy for Individuals with Mental Illness Member, Advisory Council	2009-2010
Cascap, Inc. Member, Human Rights Committee	2008-2009

Peer Review Activities

- 2014 Ad hoc reviewer for *BMC Health Services Research*
 2014 Ad hoc reviewer for *Journal of Mental Health*
 2014 Ad hoc reviewer for *Psychiatric Services*

Research Support

NIMH Child Mental Health Services and Service Systems Training Grant (T32) Role: Postdoctoral Fellow	2014-2015
Foundation for Excellence in Mental Health Care Lived Experience Research Network Role: Co-PI	2013-2014
Center for Mental Health Initiatives, Johns Hopkins University National Survey of Peer-Run Organizations Role: PI	2012-2014
NIMH Child Mental Health Services and Service Systems Training Grant (T32) Role: Pre-doctoral Fellow	2010-2014
Social Security Administration (SSA) Disability Research Consortium, Mathematica Policy Research Role: Dissertation Fellow	2013
Substance Abuse and Mental Health Services Administration (SAMHSA) Promoting Engagement Practices in Peer Evaluation/Research Role: Research Co-Director	2013
Robert Wood Johnson Foundation The Effects of Perceived Cultural Responsiveness and Technical Quality of Care on Perceived Overall Quality of Care Role: Project Coordinator	2008-2010